

# Tips for Harvard Graduate Students

## Student Specific

Use your ID to get [discounts](#)! Also: Arts and [Student Rush](#) tickets

[Sign up](#) for intramurals, language table, arts, outings, and more!

The Countway Library has a [therapy dog](#) you can play with for free. Tuesdays and Thursdays from 9am-5pm.

The Harvard University Health Services Center has [massages](#) for a reasonable price if you are ever feeling stressed

## Transportation

Do not bring your car here if you have one; get a cheap, used bike or use public transportation. If you have a car, be aware of street cleaning signs

Get a free plastic Charlie card from these [locations](#) to avoid paying extra  
Harvard station should also have these cards available

Harvard gives you an 11% [discount](#) on T-passes (Due Sept 8<sup>th</sup>)

MIT gives you 50% off monthly passes (if you are a cross-registered student)

[M2 shuttle](#) is a great way to get from Harvard main campus to MIT to Boston University to Longwood

## Biking

### **Top 10 Favorite Places to Bike To (according to my friend) In order of increasing distance (one way)**

North Point Park, Cambridge (~2 miles)

Esplanade, Boston (~2.5 miles)

Fresh Pond, Cambridge (~3 miles)

Spy Pond, Arlington (~5 miles)

Arnold Arboretum via Emerald Necklace, JP (~6.5 miles)

Pleasure Bay, via Black Falcon Ave/ICA/Harborwalk, South Boston (~7 miles)

Bear Hill, via South Border Road, Medford (~9 miles)

Blue Heron Bridge, via Charles River Greenway, Waltham (~9 miles)

Prospect Hill Park, Waltham (~10.5 miles)

Walden Pond, Cambridge Reservoir, via Minuteman Trail, Trapelo Road, Concord (~17 miles)

Harvard University has a cycling club, [HUCA](#). They have an email list and post a lot of rides, if you are semi-serious and looking for bike buddies.

Harvard also has a non-profit bike shop, [Quad Bikes](#). They don't sell much in terms of new or used bikes. Go for repairs / to learn things.

Biking to Longwood? Join the [Harvard Longwood Bicyclists](#)

### [Boston Bikes Map](#)

Pretty good map that is color coded based on how scary, or nice, the roads are. Not all encompassing, but a good place to start.

The Boston311 app allows people in boston to report potholes and other dangers on the road

### [Boston Bike Party](#)

Has a facebook group. "Every 2nd Friday, Copley Sq. 7:30pm. Party attitude required; lights, bells, and costumes encouraged!" Extremely large group; sometimes hits 400-500 people. The pace rarely gets above 10 mph. It is fun to drink beer and chat with folk, see weird bikes and costumes...sometimes has an after party.

In the spring/summer/autumn, a stretch of Memorial Drive (surrounding Harvard Square) is closed to motor vehicles from 12-6 pm. Lovely for biking, running, etc.

## Swaps, Freecycles and More

*Facebook groups:*

### **Buy nothing cambridge/Buy nothing somerville:**

Groups for people in their respective communities to give away freely. These are definitely run more like communities, and not a place to abuse.

### **Harvard Grad Market; Free and For Sale**

Closed groups (request to be added) where Harvard students sell items. Typically home stuff, sometimes technology related, or cars. Apartment postings.

*Freecycles*

[Freecycles at Harvard](#) (happens several times/year) -

**Choose to Re-use** (Stata Center @ MIT, open to public) - 3rd Thursday of every month

## Fun Activities

Look for free stuff to do on [boston.com](#), [boston tweet](#), and [thebostoncalendar](#).

Kayak on Charles, First Monday at [NEC](#), First Fridays at the [SOWA](#), [MFA](#), [ICA](#), etc.

The best way to get to know the city is to walk everywhere! Things that seem far apart by T can be closer than you'd think.

Bored on a weekend? Fun things to do in [Boston](#).

## *Outdoor Spots. Need to break away for the day?*

**Blue Hills Reservation** - accessible via bus. Several large hills. Skyline trail is a legitimate hike, but often requires two cars to shuttle between start and end points.

**Middlesex Fells** - accessible via bus. Very chilled out, not many hills. Two overlook points; Bear Hill requires sturdy shoes. This has a neat tower on the top that permits 360 views. Highly recommended in late October.

**Arnold Arboretum** - Harvard owned. Take the Orange Line or bike via the Emerald Necklace. Lovely for a few hours, or a full day. Good for bike riding. No cars. Good places to get lunch in the local neighborhood of JP.

**Mt. Auburn Cemetery** - short bus ride from Harvard Square. Very nice. Cool tower you can climb to the top of, and see Boston. Tower closes at 6 pm in the summer.

**Cape Ann** - solid day trip using Commuter Rail. You can bring a bike and do the 15-20 mile loop of the perimeter, and stop at Halibut Point State Park. Hilly. People also just take the train to Rockport. There are little shops and a beach, a farmer's market on Saturday. Quaint.

## *Watering Holes/Swimming Spots*

### **Crystal Lake**

Swimming hole off of Beacon Street in Newton. Can bike there. There is a main swimming area, and a "cove" on the other side, where many people swim (although the sign says "no swimming," people ignore it). No amenities.

### **North mystic lake**

Small sandy beach open to the public, a very nice bike ride (35 minutes from Harvard). Take the Minuteman Trail to Spy Pond, then go north on Bates/River Street to Mystic River Road. Has portable bathrooms.

### **Walden Pond**

A classic. Many people drive, but you can take the 35 mile round-trip bike ride from Harvard Square. Can take the Minuteman path most of the way. Has bathrooms, changing rooms, water fountain, bike racks. There is normally a train line that goes to Concord, and one can walk the ~two miles to Walden, but weekend summer service is temporarily suspended. This has a walking path around the perimeter.

### **Magazine Beach**

This is a pool on memorial drive in Cambridge that is very nice. Free. Bathrooms, showers, etc.

## **The Colonnade**

It is a rooftop pool and bar in the city that is free after 5 pm.

## **Carson Beach**

Another classic. In Southie, accessible via MBTA, but the bike ride via Fort Point over the Summer Street Bridge is pleasant. Beach isn't crazy nice, but nice enough. Can go over to Castle Island, which is the western-most point in Boston, to see a nice view of the Harbor Islands and Atlantic Ocean. It gets crazy in the summer, sometimes. There is Sullivan's, which sells hot dogs and lobster rolls and the like.

## **Revere Beach**

A step up from Carson. Take the Blue Line and walk. Nice to go just for a few hours, or a day. There are bathrooms and eateries.

## **Nahant Beach**

This is a beautiful beach and definitely above Revere, but don't try to drive here on the weekend. On a peninsula, and all parking is for residents only. There is a large lot, that is full by 9 am on the weekend. I would recommend taking the Commuter Rail to Lynn, and biking the 3-4 miles, or going during the week. Possibly the evening, on weekends.

## **Crane beach**

Stunning, long beach, with complete amenities (showers, water fountains, food stand). Would highly recommend biking the 5 miles from Ipswich Train Station, extremely scenic.

Transit info: <http://ipswichessexplorer.com/>

## **General Advice**

- A good umbrella and good boots are a worthwhile investment
- Be prepared for the harsh cold winters and humid summers!
- Look to other places other than Cambridge and Somerville for rent. Malden, Medford, Quincy, and Dorchester are all pretty decent neighborhoods with bike paths and T accessible. Will save you a ton of money as well!
- Be prepared for a 50% rent increase
- Bank of America is everywhere if you are looking for a bank
- Bars tend to close early (~2am) and you can't purchase alcohol from liquor stores after 11pm
- The T is open later on weekends
- The following are not plural (no "s" at the end, EVER): Boston Common. The Public Garden. Jamaica Plain.
- South Boston is not the South End.
- Kenmore Square and Kendall Square are on opposite sides of the river, on different train lines.
- It's "Wuss-Ter" not "War-chester" and "Woo-burn" not "Whoa-burn"

## Helpful Links

Dudley: <http://dudley.harvard.edu/>

GSC: <http://gsc.fas.harvard.edu/>

Registrar: <http://www.registrar.fas.harvard.edu/>

International Office: <http://www.hio.harvard.edu/>

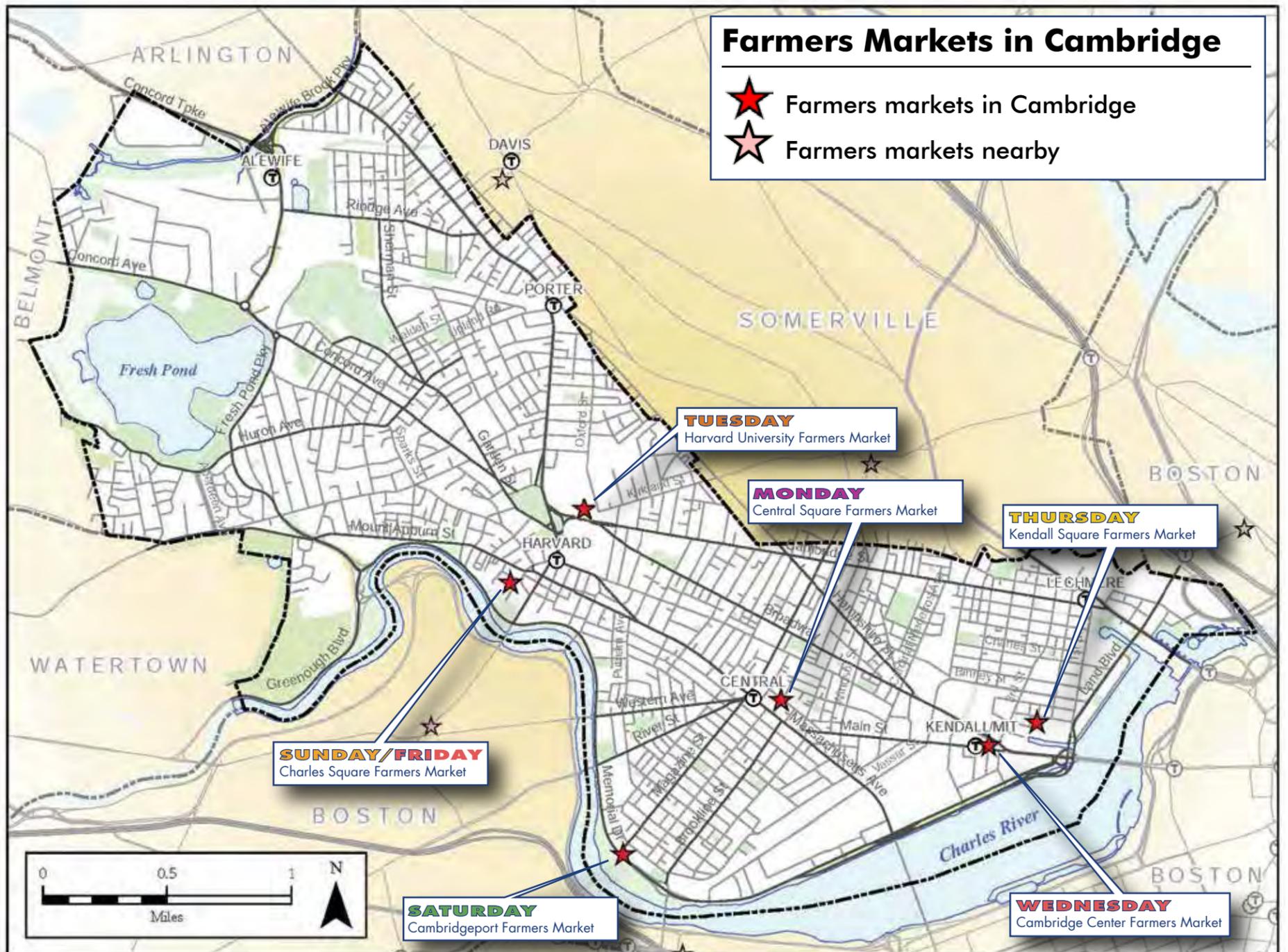
Paid Parental time off:

[http://www.gsas.harvard.edu/family\\_accommodations/family-friendly-policies.php](http://www.gsas.harvard.edu/family_accommodations/family-friendly-policies.php)

Office of Career Services: <http://ocs.fas.harvard.edu/>

# CAMBRIDGE FARMERS MARKETS

One Every Day of the Week - Spring to Fall 2015



<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
Harvard Square	Central Square	Agassiz	Kendall Square	Kendall Square	Harvard Square	Cambridgeport
						
<b>Charles Square Farmers Market</b>	<b>Central Square Farmers Market</b>	<b>Harvard University Farmers Market</b>	<b>Cambridge Center Farmers Market</b>	<b>Kendall Square Farmers Market</b>	<b>Charles Square Farmers Market</b>	<b>Cambridgeport Farmers Market</b>
Charles Hotel Courtyard, 1 Bennett Street	Parking lot, Bishop Allen Drive at Norfolk Street	Science Center Plaza	Main Street near Kendall/MIT MBTA Station	500 Kendall Street	Charles Hotel Courtyard, 1 Bennett Street	Morse School parking lot, Magazine Street at Memorial Drive
<b>10 a.m. to 3 p.m.</b>	<b>Noon to 6 p.m.</b>	<b>Noon to 6 p.m.</b> *(11 a.m. to 4 p.m.)	<b>11 a.m. to 6 p.m.</b>	<b>11 a.m. to 2 p.m.</b>	<b>Noon to 6 p.m.</b>	<b>10 a.m. to 2 p.m.</b>
Open May 24 - November 22	Open May 18 - November 23 EBT/SNAP accepted	Open June 9 - September 29 *(October 6 - November 24) EBT/SNAP accepted	Open May 13 - October 28	Open June 4 - October 8	Open June 5 - November 20	Open June 6 - October 31

For more information about farmers markets go to: [www.massfarmersmarkets.org](http://www.massfarmersmarkets.org)